



THE WALKING HOLIDAY COMPANY

ITINERARY

C2CW7: 7 nights / 6 walking days

west section

Arrival Day - in St Bees - overnight accommodation booked

Walk Day 1:	St Bees to Ennerdale Bridge	14 miles/22.5 km
Walk Day 2:	Ennerdale Bridge to Rosthwaite	14.5 miles/23 km
Walk Day 3:	Rosthwaite to Grasmere	9 miles/14.5 km
Walk Day 4:	Grasmere to Patterdale	8.5 miles/13.5 km
Walk Day 5:	Patterdale to Shap	16 miles/25.5km
Walk Day 6:	Shap to Kirkby Stephen	20 miles/32 km

Departure Day - Depart after breakfast