



THE WALKING HOLIDAY COMPANY

ITINERARY

CLEW10: 10 nights/9 walking days

Arrive Helmsley

Walk Day 1:	Helmsley to Sutton Bank	10 miles/16 km
Walk Day 2:	Sutton Bank to Osmotherley	11.25 miles/18 km
Walk Day 3:	Osmotherley to Clay Bank Top	10.75 miles/17.2 km
Walk Day 4:	Clay Bank Top to Kildale	9 miles/14.75 km
Walk Day 5:	Kildale to Saltburn-by-the-Sea	14.75 miles/23.75 km
Walk Day 6:	Saltburn-by-the-Sea to Runswick Bay	12.2 miles/19.52km
Walk Day 7:	Runswick Bay to Robin Hood's Bay	13.8 miles/22.08 km
Walk Day 8:	Robin Hood's Bay to Scarborough	12 miles/19.25 km
Walk Day 9:	Scarborough to Filey	10.5 miles/16.7 km

Depart Filey after breakfast