



THE WALKING HOLIDAY COMPANY

ITINERARY

DW7: 7 nights / 6 walking days

complete path

Arrival Day - at Ilkley - overnight accommodation booked

Walk Day 1: Ilkley to Burnsall

12 miles (19km)

Walk Day 2: Burnsall to Buckden

14 miles (22.5km)

Walk Day 3: Buckden to Lea Yeat

17 miles (27km)

Walk Day 4: Lea Yeat to Sedbergh

10 miles (16km)

Walk Day 5: Sedbergh to Grayrigg

12 miles (19.5km)

Walk Day 6: Grayrigg to Bowness-On-Windermere

13 miles (21km)

Departure Day - Depart after breakfast