



THE WALKING HOLIDAY COMPANY

ITINERARY

HWP7: 7 nights / 6 walking days

Arrival Day - at Newcastle - overnight accommodation booked

Walk Day 1:	Newcastle to Heddon-on-the-Wall	15 miles/23.8km
Walk Day 2:	Heddon-on-the-Wall to Chollerford	15 miles/24.3km
Walk Day 3:	Chollerford to Once Brewed	12 miles/19.2km
Walk Day 4:	Once Brewed to Banks	14 miles/22.4km
Walk Day 5:	Banks to Carlisle	14 miles/22.4km
Walk Day 6:	Carlisle to Bowness-on-Solway	14 miles/23.5km

Departure Day - Depart after breakfast