



THE WALKING HOLIDAY COMPANY

ITINERARY

HWP8: 8 nights / 7 walking days

Arrival Day - at Newcastle - overnight accommodation booked

Walk Day 1:	Wallsend to Heddon-on-the-Wall	15 miles/23.8km
Walk Day 2:	Heddon-on-the-Wall to Chollerford	15 miles/23.8km
Walk Day 3:	Chollerford to Once Brewed	12 miles/19.2km
Walk Day 4:	Once Brewed to Gilsland	8 miles/12.8km
Walk Day 5:	Gilsland to Newtown	9 miles/14.3km
Walk Day 6:	Newtown to Carlisle	10 miles/14.4km
Walk Day 7:	Carlisle to Bowness-on-Solway	14 miles/23.5km

Departure Day - Depart after breakfast