



THE WALKING HOLIDAY COMPANY

ITINERARY

HWPWE7: 7 nights / 6 walking days

Arrival Day - at Bowness-on-Solway - overnight accommodation booked

Day 1:	Bowness-on-Solway to Carlisle	14 miles / 23.5km
Day 2:	Carlisle to Banks	14 miles / 22.4km
Day 3:	Banks to Once Brewed	14 miles / 22.4km
Day 4:	Once Brewed to Chollerford	12 miles / 19.2km
Day 5:	Chollerford to Heddon-on-the-Wall	15 miles / 24.3km
Day 6:	Heddon-on-the-Wall to Wallsend	15 miles / 23.8km

Departure Day - Depart after breakfast