



THE WALKING HOLIDAY COMPANY

# ITINERARY

ODPNSS8: 8 nights / 7 walking days

Southern section

Arrival day - at Knighton - overnight accommodation booked

Walk Day 1:	Knighton to Kington	13.5 miles/21.6km
Walk Day 2:	Kington to Hay on Wye	14.5 miles/23.2km
Walk Day 3:	Hay on Wye to Longtown	13 miles/ 20.8km
Walk Day 4:	Longtown to Llangattock Lingoed	9 miles/14.4km
Walk Day 5:	Llangattock Lingoed to The Hendre	10 miles/16km
Walk Day 6:	The Hendre to Bigsweir Bridge	11 miles/17.6km
Walk Day 7:	Bigsweir Bridge to Chepstow Bridge	8.9 miles/14.24km

Departure Day - Depart after breakfast