



THE WALKING HOLIDAY COMPANY

ITINERARY

ODPS7: 7 nights / 6 walking days

Southern section

Arrival day - at Chepstow - overnight accommodation booked

Walk Day 1:	Chepstow Bridge to Redbrook	12.7 miles/20.32km
Walk Day 2:	Redbrook to White Castle	14.5 miles/23.2km
Walk Day 3:	White Castle to Longtown	12 miles/19.2km
Walk Day 4:	Longtown to Hay on Wye	13 miles/20.8km
Walk Day 5:	Hay on Wye to Kington	14.5 miles/23.2km
Walk Day 6:	Kington to Knighton	13.5 miles/21.6km

Departure Day - Depart after breakfast