



THE WALKING HOLIDAY COMPANY

ITINERARY

PCP12: 12 nights / 11 walking days,

Sandy Haven to St Dogmaels

Arrival day - at Sandy Haven - overnight accommodation booked

Walk Day 1:	Sandy Haven to St Ann's Head	9.5 miles/15km
Walk Day 2:	St Ann's Head to Musselwick Sands	9 miles/14km
Walk Day 3:	Musselwick Sands to Broad Haven	8.5 miles/13.5km
Walk Day 4:	Broad Haven to Solva	11 miles/17.5km
Walk Day 5:	Solva to St Davids	13 miles/21km
Walk Day 6:	St Davids to Aberiddi	12 miles/19km
Walk Day 7:	Aberiddi to Aberbach	10 miles/16km
Walk Day 8:	Aberbach to Goodwick	12.5 miles/20km
Walk Day 9:	Goodwick to Newport	14 miles/22.5km
Walk Day 10:	Newport to Ceibwr Bay	7 miles/11km
Walk Day 11:	Ceibwr Bay to St Dogmaels	8 miles/13km

Departure Day - Depart after breakfast