



THE WALKING HOLIDAY COMPANY

ITINERARY

PCP14: 14 nights / 13 walking days complete path

Arrival day - at Amroth - overnight accommodation booked

Walk Day 1:	Amroth to Manorbier	15 miles/24km
Walk Day 2:	Manorbier to Bosherton	11 miles/17.5km
Walk Day 3:	Bosherton to Angle	15 miles/24km
Walk Day 4:	Angle to Pembroke	10 miles/16km
Walk Day 5:	Pembroke to Sandy Haven	15.5 miles/25km
Walk Day 6:	Sandy Haven to Marloes Sands	14 miles/22.5km
Walk Day 7:	Marloes Sands to Little Haven	11.5 miles/18.5km
Walk Day 8:	Little Haven to Solva	12 miles/19km
Walk Day 9:	Solva to St Davids	13 miles/21km
Walk Day 10:	St Justinians to Tref n	13.5 miles/22km
Walk Day 11:	Tref n to Goodwick	17.5 miles/27km
Walk Day 12:	Goodwick to Newport	14 miles/22.5km
Walk Day 13:	Newport to St Dogmaels	15 miles/24km

Departure Day - Depart after breakfast