



THE WALKING HOLIDAY COMPANY

ITINERARY

PEN14: 14 nights / 13 walking days

complete path

Arrival Day - in Edale - overnight accommodation booked

Walk Day 1: Edale to Torside	15 miles / 24km
Walk Day 2: Torside to Calder Valley	27 miles / 43km
Walk Day 3: Calder Valley to Ickornshaw	16 miles / 26km
Walk Day 4: Ickornshaw to Malham	17 miles / 28km
Walk Day 5: Malham to Horton in Ribblesdale	14.5 miles / 23km
Walk Day 6: Horton in Ribblesdale to Upper Swaledale	27 miles / 43km
Walk Day 7: Upper Swaledale to Middleton-in-Teesdale	20 miles / 32km
Walk Day 8: Middleton-in-Teesdale to Dufton	20 miles / 32km
Walk Day 9: Dufton to Alston	20 miles / 32km
Walk Day 10: Alston to Greenhead	16 miles / 26km
Walk Day 11: Greenhead to Bellingham	22 miles / 35km
Walk Day 12: Bellingham to Byrness	15 miles / 24km
Walk Day 13: Byrness to Kirk Yetholm	27 miles / 43km

Departure Day - Depart after breakfast