



THE WALKING HOLIDAY COMPANY

ITINERARY

PEN16: 16 nights / 15 walking days

complete path

Arrival Day - in Edale - overnight accommodation booked

Walk Day 1: Edale to Torside	15 miles / 24km
Walk Day 2: Torside to Standedge	12 miles / 19km
Walk Day 3: Standedge to Calder Valley	15 miles / 24km
Walk Day 4: Calder Valley to Ickornshaw	16 miles / 26km
Walk Day 5: Ickornshaw to Malham	17 miles / 28km
Walk Day 6: Malham to Horton in Ribblesdale	14.5 miles / 23km
Walk Day 7: Horton in Ribblesdale to Upper Swaledale	26.5 miles / 42.5km
Walk Day 8: Upper Swaledale to Middleton-in-Teesdale	20 miles / 32km
Walk Day 9: Middleton-in-Teesdale to Dufton	20 miles / 32km
Walk Day 10: Dufton to Alston	20 miles / 32km
Walk Day 11: Alston to Greenhead	16 miles / 26km
Walk Day 12: Greenhead to Bellingham	22 miles / 35km
Walk Day 13: Bellingham to Byrness	15 miles / 24km
Walk Day 14: Byrness to Windy Gyle	14 miles / 22.5km
Walk Day 15: Windy Gyle to Kirk Yetholm	13 miles / 20.5km

Departure Day - Depart after breakfast