



THE WALKING HOLIDAY COMPANY

ITINERARY

PEN19: 19 nights / 18 walking days

complete path

Arrival Day - in Edale - overnight accommodation booked

Walk Day 1: Edale to Crowden	16 miles / 26km
Walk Day 2: Crowden to Standedge	11 miles / 19km
Walk Day 3: Standedge to Calder Valley	11 miles / 24km
Walk Day 4: Calder Valley to Ickornshaw	16 miles / 26km
Walk Day 5: Ickornshaw to Malham	17 miles / 28km
Walk Day 6: Malham to Horton in Ribblesdale	14.5 miles / 23km
Walk Day 7: Horton in Ribblesdale to Hawes	14 miles / 22.5km
Walk Day 8: Hawes to Upper Swaledale	12.5 miles / 20km
Walk Day 9: Upper Swaledale to Bowes	12.5 miles / 20km
Walk Day 10: Bowes to Langden Beck	20.5 miles / 33km
Walk Day 11: Langden beck to Dufton	12 miles / 19km
Walk Day 12: Dufton to Garrigill	16 miles / 26km
Walk Day 13: Garrigill to Greenhead	19.5 miles / 31km
Walk Day 14: Greenhead to Once Brewed	6.5 miles / 10.5km
Walk Day 15: Once Brewed to Bellingham	15.5 miles / 25km
Walk Day 16: Bellingham to Byrness	15 miles / 24km
Walk Day 17: Byrness to Windy Gyle	14 miles / 22.5km
Walk Day 18: Windy Gyle to Kirk Yetholm	13 miles / 20.5km

Departure Day - Depart after breakfast