



THE WALKING HOLIDAY COMPANY

ITINERARY

PENC6: 6 nights / 5 walking days

central section

Arrival Day - in Horton in Ribblesdale - overnight accommodation booked

Walk Day 1: Horton in Ribblesdale to Upper Swaledale	26.5 miles / 42.5km
Walk Day 2: Upper Swaledale to Middleton-in-Teesdale	20 miles / 32km
Walk Day 3: Middleton-in-Teesdale to Dufton	20 miles / 32km
Walk Day 4: Dufton to Alston	20 miles / 32km
Walk Day 5: Alston to Greenhead	16 miles / 26km

Departure Day - Depart after breakfast