



THE WALKING HOLIDAY COMPANY

ITINERARY

PENS7: 7 nights / 6 walking days

south section

Arrival Day - in Edale - overnight accommodation booked

Walk Day 1: Edale to Torside

15 miles / 24km

Walk Day 2: Torside to Standedge

12 miles / 19km

Walk Day 3: Standedge to Calder Valley

15 miles / 24km

Walk Day 4: Calder Valley to Ickornshaw

16 miles / 26km

Walk Day 5: Ickornshaw to Malham

17 miles / 28km

Walk Day 6: Malham to Horton in Ribblesdale

14.5 miles / 23km

Departure Day - Depart after breakfast