



THE WALKING HOLIDAY COMPANY

ITINERARY

WVWN6: 6 nights / 5 walking days Hay on Wye to Rhyd y Benwch

Arrival Day - at Hay on Wye - overnight accommodation booked

Walk Day 1:	Hay on Wye to Erwood	14 miles/22km
Walk Day 2:	Erwood to Newbridge on Wye	14 miles/23km
Walk Day 3:	Newbridge on Wye to Rhayader	9.5 miles/15km
Walk Day 4:	Rhayader to Llangurig	12 miles/19km
Walk Day 5:	Llangurig to Rhyd y Benwch	12 miles/19.5km

Departure Day - Depart after breakfast